

MONDAY 28 SEPT

10:30 - 12:00 Log in and get familiar with QiQO chat

13:30 - 15:00 **NRFC 2020 Opening Webinar: Creating a legacy of regenerative farms for future generations**

19:30 - 20:15 Virtual veg craft with Madame Zucchini

19:30 - 21:00 A story of seed - interactive Northern Seed Sovereignty networking session

TUESDAY 29 SEPT

08:00 - 08:45 Breakfast banter

13:30 - 15:00 Building food security through resilient short food supply chains; online shopfronts for framers, growers and producers

13:30 - 15:00 Practical ways to achieve Net Zero

13:30 - 15:00 Scottish agricultural policy: Where it's at and where to go from here

13:30 - 15:00 Common sense farming

19:30 - 21:00 Building regional autonomies for a small farm future

19:30 - 21:00 From research to action: Supporting food, farming and health transitions to a greener and fairer society for all

WEDNESDAY 30 SEPT

10:30 - 12:00 Food for crowded populations in an uncertain and compromised future

12:30 - 13:15 Meal-time musings: Bring your lunch and chat with others

13:30 - 15:00 All about community supported agriculture

13:30 - 15:00 What could your dung beetles be doing for you?

13:30 - 15:00 Selling better food - The Better Food Traders

13:30 - 15:00 Why is seed sovereignty important?

19:30 - 21:00 Upland perspectives: Can farmers, conservationists and researchers work in partnership to grow carbon efficient, bio-diverse and food productive farming in the North

19:30 - 21:00 How / Can nature-friendly urban farming and growing contribute to tackling food security and the climate emergency?

THURDAY 1 OCT

- 13:30 - 15:00 New entrant support for farmers: the FarmStart model
- 13:30 - 15:00 Agroforestry in the North
- 13:30 - 15:00 Using a permaculture approach to diversify farm outputs in the context of ELMS
- 18:00 - 19:00 Crowdsourcing ideas for farmer led research
- 19:30 - 21:00 Our common cause: Collective and collaborative management of upland commons and beyond

FRIDAY 2 OCT

- 08:00 - 08:45 Breakfast banter
- 10:30 - 12:00 Unlocking land for CSA in the North of England: Challenges and opportunities
- 13:30 - 15:00 Race and ethnicity in agriculture
- 13:30 - 15:00 Facilitating a transition to regenerative livestock farming in the North
- 13:30 - 15:00 Exploring the links between farming and other rural enterprises: Could Brexit make or break the chain?
- 13:30 - 15:00 What does a dietitian have to do with farming?

SAT 3 OCT

- 10:00 - 12:00 **BOOKING ESSENTIAL:**
Wilderculture - a hybrid of regenerative grazing and rewilding for the uplands - *physically distanced walk*
- 13:30 - 15:00 Active in permaculture or just curious? come and have a chat

SUN 4 OCT

- 10:00 - 12:30 **BOOKING ESSENTIAL:**
&
13:00 - 16:00 Natural flood management walk
Physically distanced walk

MONDAY 5 OCT

- 10:30 - 12:00 Farm Tour: working with nature on a croft
- 12:30 - 13:15 Meal-time musings: Bring your lunch and chat with others
- 13:30 - 15:00 Rewarding results for nature friendly farming
- 13:30 - 15:00 Moving a flied long distance
- 13:30 - 15:00 Growing real food for nutrition: Measuring nutrient density to improve citizen and planetary health
- 13:30 - 15:00 It begins with a grass-fed sirloin steak in a handbag
- 19:30 - 21:00 Implementing agroforestry with native cattle as part of a healthy agro-ecosystem
- 19:30 - 21:00 Exploring the benefits of diversity in agriculture

TUESDAY 6 OCT

- 08:00 - 08:45 Breakfast banter
- 10:30 - 12:00 Developing supply chains for minor cereals in North East England
- 13:30 - 15:00 Exploring Scotland's agroforestry potential
- 13:30 - 15:00 Social prescribing of community urban food growing: Transforming citizen health, neighbourhoods and futures
- 13:30 - 15:00 Natural flood management and improving the headwaters of the River Lune
- 13:30 - 15:00 The advantages and challenges of working within a Farm Cluster Group
- 19:30 - 21:00 Alternatives to contentious inputs in organic horticulture
- 19:30 - 21:00 Japanese rural development and marginal hill farming: What can we learn from farmers in other cultures

WEDNESDAY 7 OCT

- 10:30 - 12:00 Getting it together: Structural and governance options for co-operative and community agriculture organisations
- 13:30 - 15:00 Moving beyond Food Aid - how do we change it from a hand out to a hand up?
- 13:30 - 15:00 Reforming Land Ownership, potential for change of land use
- 13:30 - 15:00 Nature as a stakeholder in a farm business
- 13:30 - 15:00 Cow-with-calf dairying: a survival strategy for the family farm?
- 19:30 - 21:00 Natural flood management in woodlands, tree planting and ELMs
- 19:30 - 21:00 Promoting veterinary engagement with the principles and practices of regenerative agriculture
- 19:30 - 21:00 Nowt but a fleeting thing: film screening and discussion

THURSDAY 8 OCT

- 12:30 - 13:15 Meal-time musings: Bring your lunch and chat with others
- 13:30 - 15:00 Scotland's Changing Landscape
- 13:30 - 15:00 Public money for public good? How can small-scale producers maximize opportunities offered by public sector procurement?
- 13:30 - 15:00 Organic at the heart: Developing an agroecological food and farming network in Northern England
- 13:30 - 15:00 What's a hill worth? Peparing public goods for payment on upland farms around Pendle Hill: Issues, approaches and findings
- 13:30 - 15:00 Nature friendly farming: farm business case studies
- 19:30 - 21:00 The role of the small abattoir

FRI 9 OCT

- 10:30 - 12:00 **BOOKING ESSENTIAL:** *Physically distanced Coppicing session*
An intro to coppicing in the context of cooperative working
- 13:30 - 15:00 Open space - what's next after #NRFC2020?
- 19:30 - 20:30 Tunes and tales from Whinpot Farm

SAT 10

Day of reflection: making the NRFC count

THANK YOU
TO OUR PARTNERS
AND SPONSORS

